

March 2019

www.umfstudio.com**HELLO FROM HOLLY**

I am overjoyed to have your child in my class! It has been my pleasure meeting your families. What a wonderful start to a new venture for our community! Thank you for allowing your children to participate in dance and try something new! I look forward to offering more dance opportunities during summer and establishing a regular dance program in the fall.

I can not express how thrilled I am to teach dance! But, for me, it is more than just teaching dance. So, to hold myself and business practices accountable, I developed goals for this venture. I believe that sharing my mission and vision with you will give you a clear understanding of what to expect at Uplifting Movement & Fitness. You can read this in the section below.

Finally, thank you for entrusting me to work with your child. It is a blessing to me!

Mission & Vision**MISSION**

To encourage all participants to be healthy individuals while educating them about the art of dance through inspiring, safe, and practical movement opportunities.

VISION

To create a warm and inviting environment where children and adults encounter an uplifting, constructive movement experience to reach their goals and become the best version of themselves.

Friendly Reminders

- Please review attire requirements @ www.umfstudio.com.
- Please do not allow your children to wear jewelry during class. This is for the safety of all participants.
- The child's hair should be pinned away from the face. Half-up ponytails are also fine for all classes.
- Dance shoes and belongings are easy to misplace! I recommend labeling your child's shoes.

Questions or Concerns? Please contact me!
Holly Rohde, Creator/Instructor
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Important Dates

- **MONDAY CLASSES:** Last day will be April 22.
- **TUESDAY CLASSES:** Last day will be April 23.
- **Parent Showcase:** During the last 15 minutes of the last class, your child will perform a short routine and receive recognition for completing the class!

TIPPY TOES**HIGHLIGHTS**

- I love seeing their smiling faces and they are trying so hard! Keep encouraging positive participation!
- We have learned gallops, marches, prances, plies, sautes, port de bras, and ballerina walks.
- They enjoy using props to enhance new movements! We've used scarves and boas.
- Session Showcase Song: "How Far I'll Go" (reprise) *Auli'i Cravalho*. We've been practicing!

NOTE TO PARENTS

- **FAMILY OBSERVATIONS:** From this point forward, parent's that do not participate with their child for the duration of class must wait in the foyer. I want to ensure that your child receives effective teaching in the best environment possible. My goal is to reduce noise and visual distractions for this age group. You will be able to view them from the window panels on the doors.

DANCE EXPLORATION**HIGHLIGHTS**

- I enjoy seeing the excitement on their faces and I can tell when they are having fun! They make me smile.
- We have completed Basic Ballet. I hope they have a newfound interest in this foundational dance style.
- Session Showcase Song: "Hair Up" *Justin Timberlake*.

NOTE TO PARENTS

- Over the next 4 weeks, we will explore Jazz and Modern dance styles. Students should continue to wear either ballet slippers or jazz shoes. Students may wear tennis shoes during the 3 last weeks of the session.
- There is no special costume for the showcase routine. Students will wear tennis shoes for the showcase.